

### **End of project impact report**

Grant Awarded: £176.00

Date Awarded: 13 March 2017

#### **Organisation Details**

Name: Sing Yourself Happy

Address: c/o 11 Carlton Fields, Carlton

Postcode: DN14 9RT

#### **Project Details**

Project Title / Description: Sound Equipment for Sing Yourself Happy Tadcaster

Contact Name: Mr Timothy Kent Tel: 07710 599625

**IMPACT REPORT FOR PERIOD:** March 2017 to present

**Q1 In no more than 500 words please outline the key outcomes of your project.**

The purchase of lightweight equipment allowed an existing singing facility for the elderly at Popplewell Springs in Tadcaster to continue, led by Ms Christine Bleasby. Without the purchase the group would have ceased to operate due to the unmanageable (for her) weight of the previous sound amplification equipment. Happily, the singing group has continued through 2017 and we fervently hope that it will throughout 2018.

**Q2 In no more than 500 words please demonstrate how the project has met the Community Development Plan objectives that were identified in the original application for funding.**

Singing as part of a group has a recognised beneficial effect on feelings of wellbeing in elderly people. There is also the element of socialisation at a time when a significant proportion of this demographic report feelings of loneliness and isolation. SingYourselfHappy Tadcaster was also used to introduce the services of Dementia Forward to attendees.

**Q3 In no more than 250 words please give details of any additional benefits or objectives that the project has met that were not anticipated/ outlined in the original application for funding.**

**Any other comments on the project and its success:**

N/A



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